Representation of death in sleep quality in patients of an oncologic ICU

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Aims:
Investigate and understand the representation and fear of death in the ICU environment and its relation to the poor quality of sleep.

Materials:
- Identification card: Sociodemographic and clinical data.
- ICU sleep evaluation form.
- Evaluation sheet of the representation of the fear of death in the ICU.
- Hospital Anxiety and Depression Scale – HADS.

Methods:
- Qui Quadrado
- Test T
- Analysis of Variance (ANOVA)
- Mann Whitney Test
- Fisher Exact Test
- Kruskal Wallis Test

Results:
- 307 Admissions
- 209 Did not meet the inclusion criteria
- 98 Met the inclusion criteria
- 24 Refused to participate
- 18 Losses due to ICU discharge
- 03 Readmissions had already been searched
- 53 Patients were included

Patient Information
- Inability
- Security and Insecurity
- Feeling of abandonment
- Anxiety and fear of dying

The results were divided into five categories, and the analysis found that patients who reported having depression were more fearful of dying

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Conclusion:
There are few studies on this topic

- The fear of death is associated with distancing from the family and depression before hospitalization
- The characteristics of the studied ICU influenced the results, which show a good quality of sleep
- The fear of death did not significantly influence sleep quality
- The results allowed us to know better the ICU studied

Search in progress:
- Use of melatonin as an adjuvant to the regimen of analgesic patients in the ICU.

Collection period (three months / 2017).

<table>
<thead>
<tr>
<th>Depression</th>
<th>No</th>
<th>Total</th>
<th>Yes</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Are you afraid of ICU admission?</td>
<td>43</td>
<td>2</td>
<td>45 %</td>
<td>91,5 %</td>
</tr>
<tr>
<td>Are you afraid of ICU admission?</td>
<td>4</td>
<td>3</td>
<td>7 %</td>
<td>60,0 %</td>
</tr>
<tr>
<td>Are you afraid of ICU admission?</td>
<td>47</td>
<td>5</td>
<td>52 %</td>
<td>100,0 %</td>
</tr>
</tbody>
</table>

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